



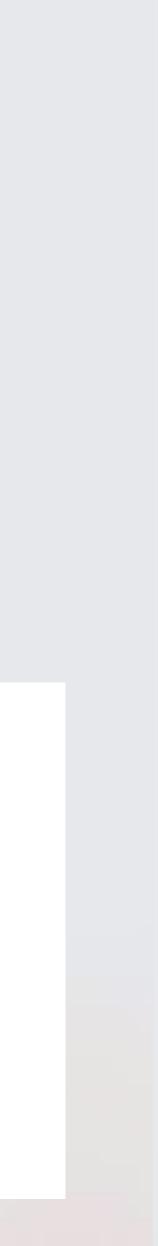
EMBODIED VULNERABILITIES — WHY I AM HACKING MY OWN HEART

Dr. Marie Moe, SINTEF



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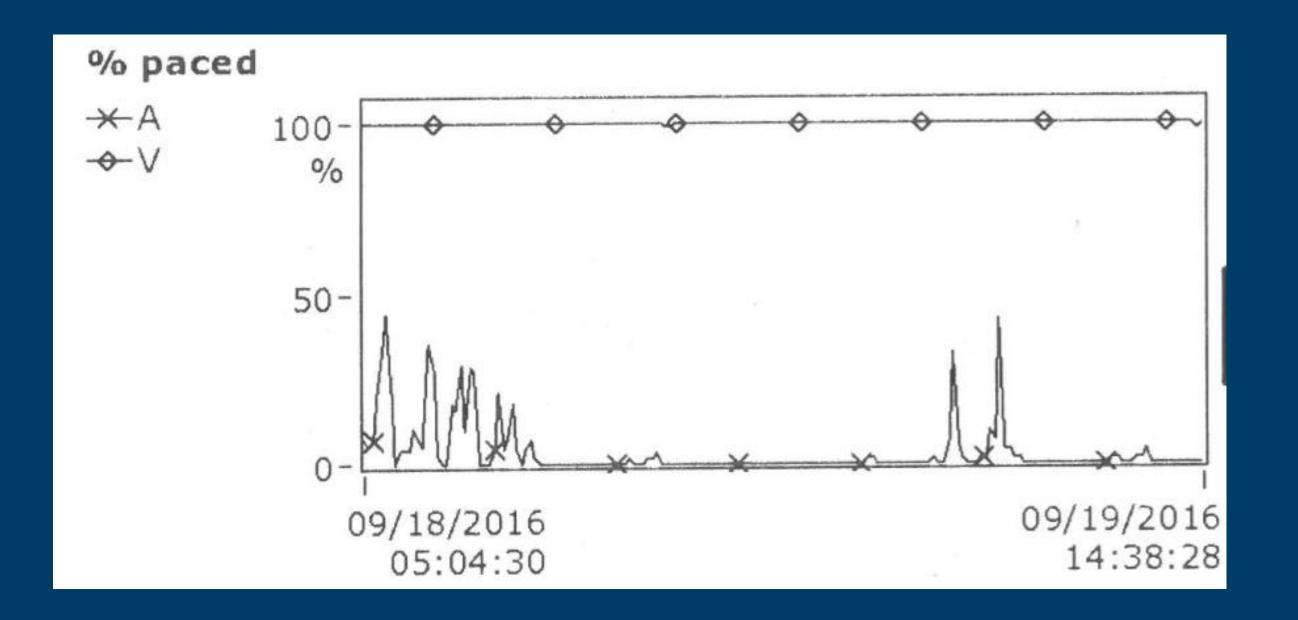
@MarieGMoe

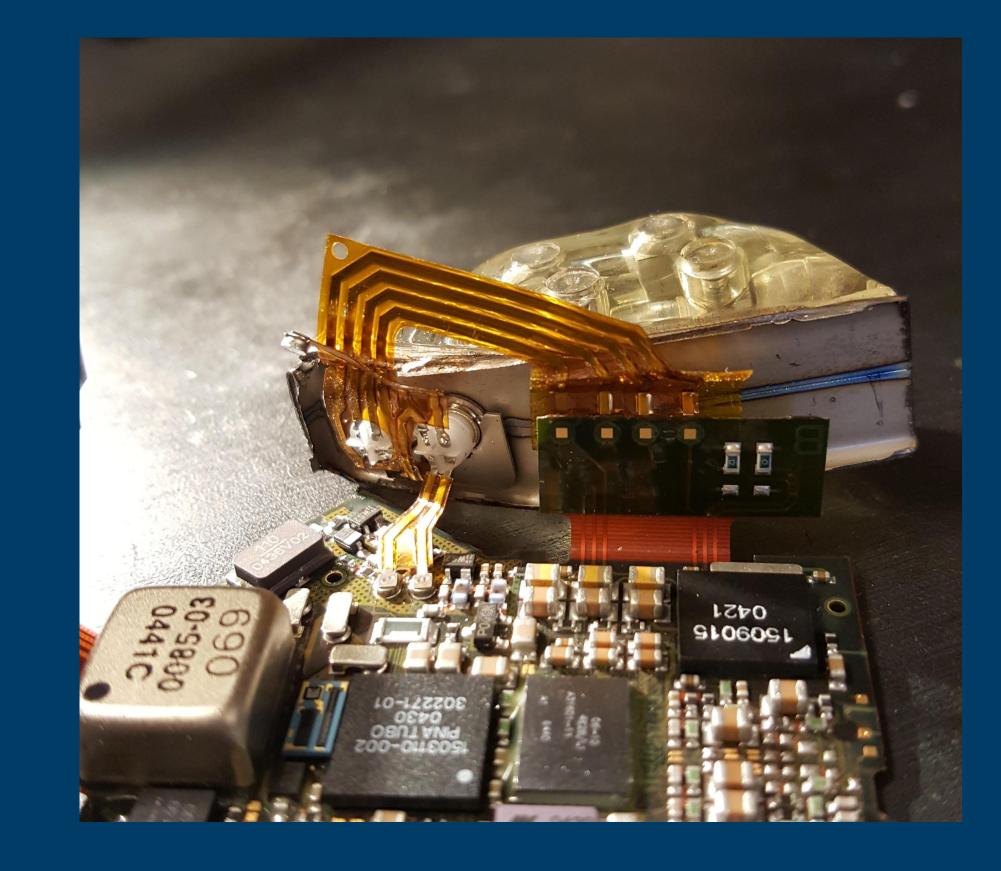


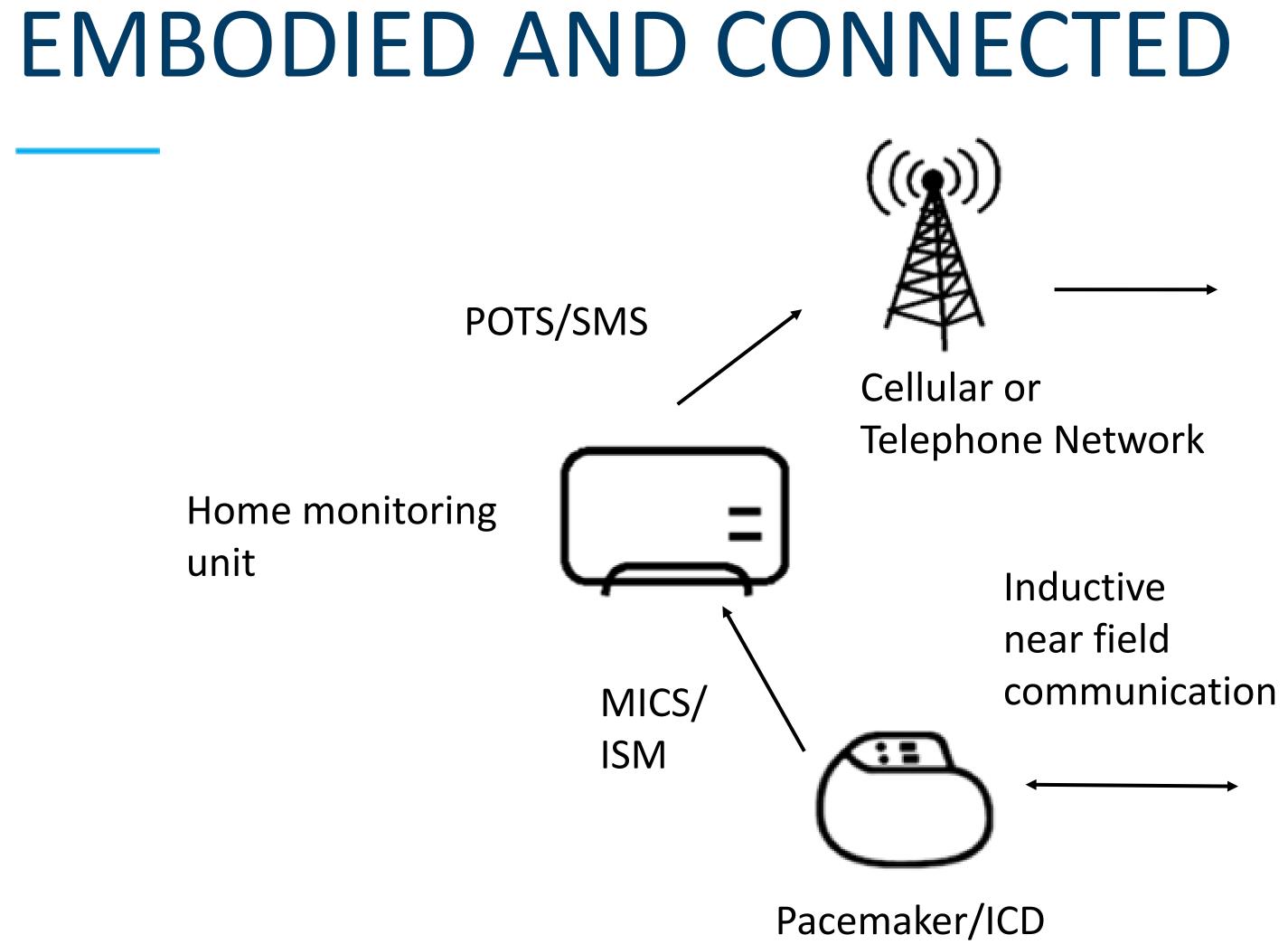
A BRIEF STORY OF MY HEART



MY LIFE DEPENDS ON THIS HARDWARE AND SOFTWARE









Web portal



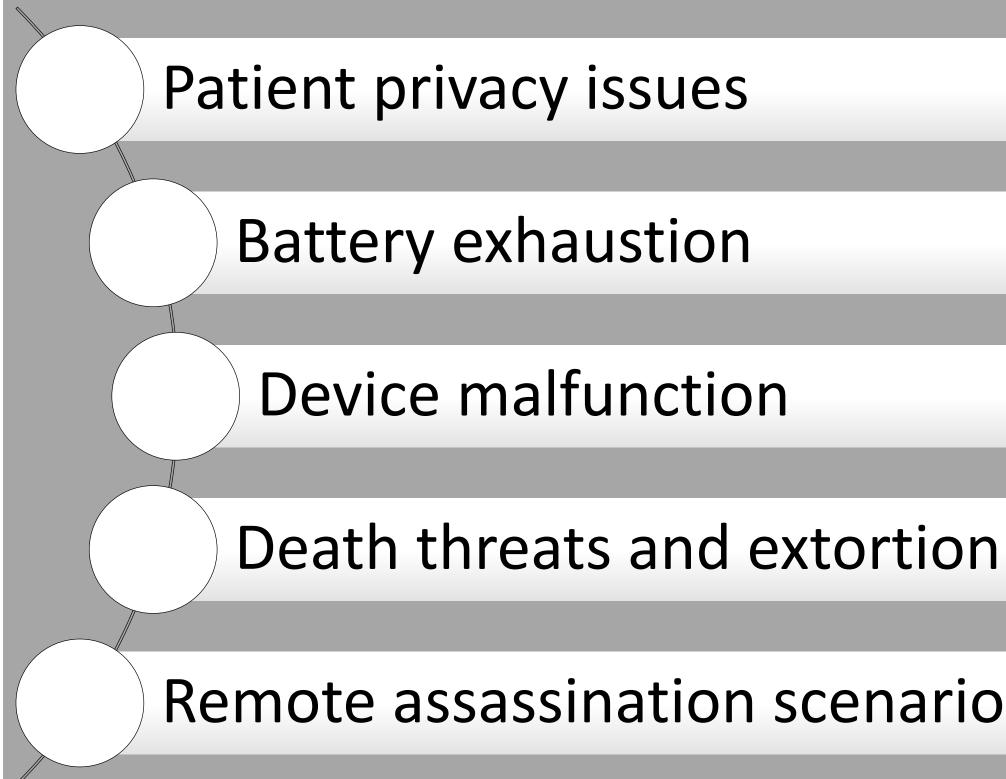
Programmer







WHAT COULD POSSIBLY GO WRONG?



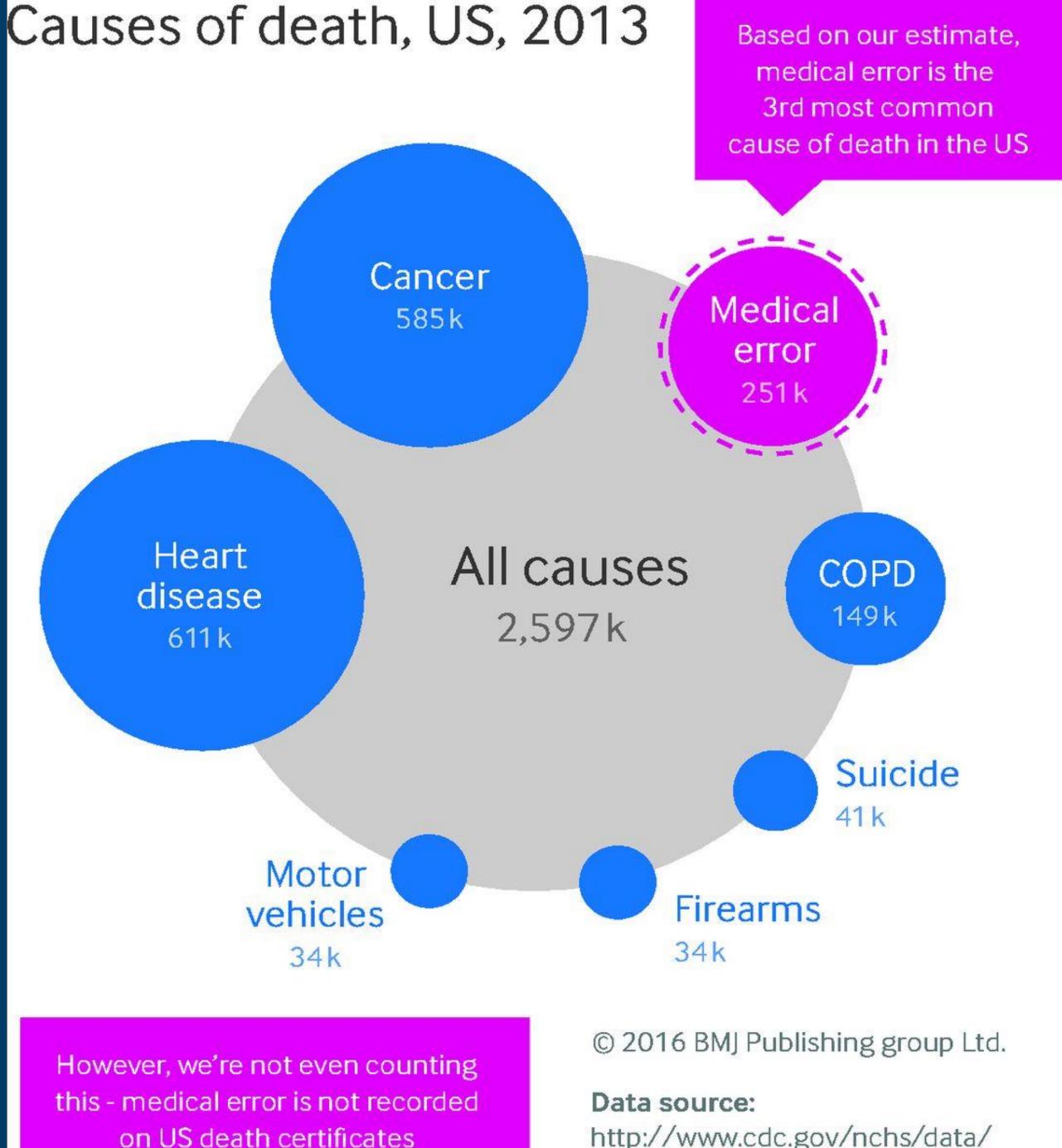
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MEDICAL DEVICES SAVE LIVES AND TAKE LIVES

- Lack of testing user interfaces to prevent medical error
- Insufficient reporting of adverse events
- Missing logging and forensic capabilities



http://www.cdc.gov/nchs/data/ nvsr/nvsr64/nvsr64_02.pdf



Hippocratic Oath F or C onnected Medical Dev ices

- **Cyber Safety by Design** Anticipate and avoid failure
- **Third-Party Collaboration** Engage willing allies to avoid failure
- **Evidence Capture** Observe and learn from failure \$
- **Resilience and Containment** Prevent cascading failure
- Cyber Safety Updates Correct failure conditions once known

In Collaboration With



Security Researchers



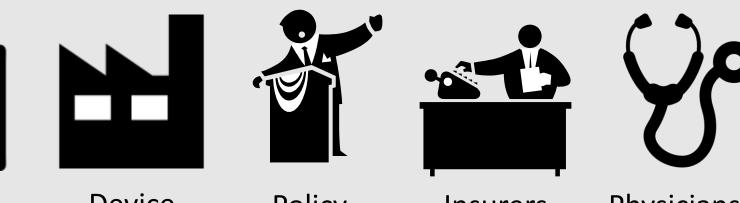
Patients



Device Makers







Cyber Safety Capabilities What is your ready posture toward failure?

Insurers & Payers

Physicians & Care Givers



Standards Organizations



Healthcare Providers



Government Agencies

https://www.iamthecavalry.org/oath



THE STAIRS THAT ALMOST KILLED ME

Upper rate response [bpm] Wonskobash response of [bpm] Atrial upper rate [bpm]	200/2:1 136	180/WKB 180-182 240
Mode switching [bpm] Intervention rate [bpm] Switch to Onset criterion [out of 8] Resolution criterion [out of 8] Change of basic rate [bpm] Rate stabilization during mode switching 2:1 Lock-in protection		OFF
Vp suppression		OFF
Dynamic AV delay [ms] after pace:	240/70	130/70
AV delay at 60 bpm [ms]	240	130
AV delay at 80 bpm [ms]	195	130
AV delay at 100 bpm [ms]		115
AV delay at 120 bpm [ms]	85	90
AV delay at 140 bpm [ms]		70
Sense compensation [ms]		OFF
AV hysteresis		OFF





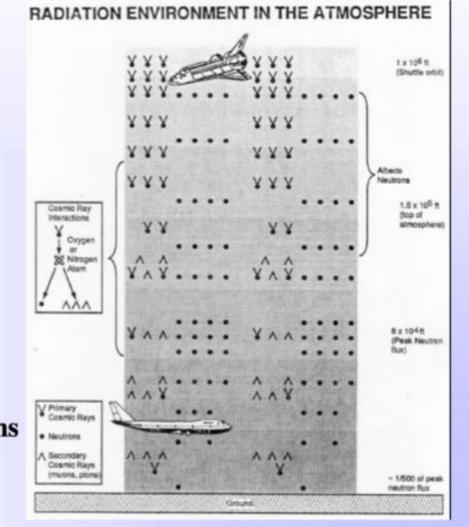
BITFLIP IN THE AIR AND DEBUGGING MY PACEMAKER



Neutron Environment in the Atmosphere

Boeing Radiation Effects Lab

Neutrons, created by cosmic ray interactions with the O₂ and N₂ in the air, peak at ~60,000 ft. At 30,000 ft the neutrons are about 1/3 the peak flux, and on the ground, ~1/400 of the peak flux. The peak flux is ~4 neutron/cm²sec. Other particles such as secondary protons and pions are also created, but for SEU the neutrons are the most important.







DATA ERROR IN PACEMAKER

Patient

Name

Initialize factory settings

Caution: Possible data error in pacemaker. Device is currently running a backup program: DDI at 70 bpm; AV delay 160 ms; Pulse amplitude 4.8 V; Pulse width 1.0 ms; D All algorithms turned OFF. Magnet mode: SYNC

To resume normal pacemaker function: Select 'Memory dump + re-initialize' button to send the standard program to the pacemaker. This will take several minutes; meanwhile, do not remove the programmer head.

M

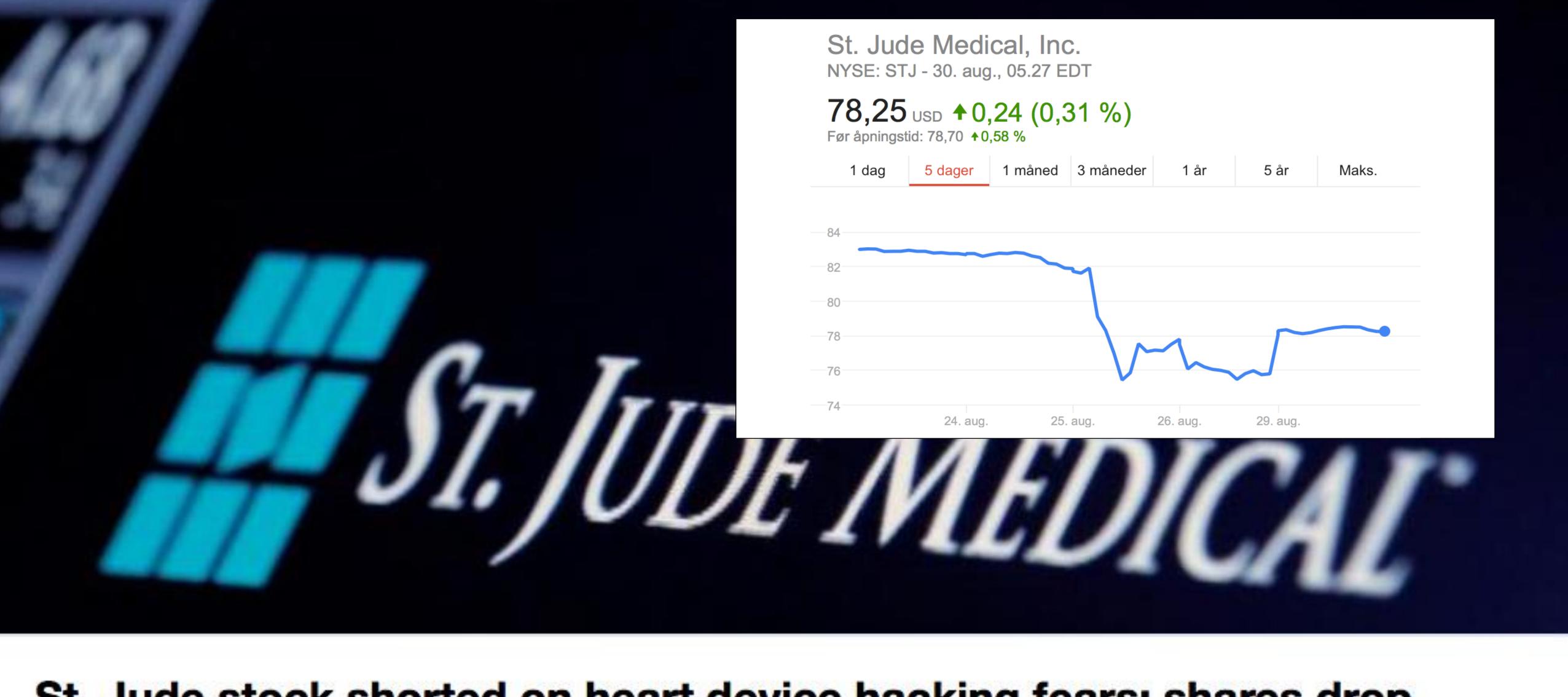




WHEN TRUST IS BROKEN...







St. Jude stock shorted on heart device hacking fears; shares drop The stock of pacemaker manufacturer St. Jude Medical Inc (STJ.N) fell sharply on Thursday after short-selling firm Muddy Waters said it had pl...



BUSINESS NEWS | Tue Oct 11, 2016 | 6:16pm EDT **Two deaths spark recall of St. Jude heart** devices





FDA U.S. FOOD & DRUG ADMINISTRATION



Home > Medical Devices > Medical Device Safety > Safety Communications



Cybersecurity Vulnerabilities Identified in St. Jude Medical's Implantable Cardiac Devices and Merlin@home Transmitter: FDA Safety Communication

f SHARE in LINKEDIN **TWEET**

Date Issued:

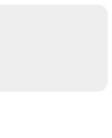
January 9, 2017

Audience:

		A to Z Index Follo	w FDA En Es	pañol
		Search FDA		
sts	Vaccines, Blood & Biologics	Animal & Veterinary	Cosmetics	Tobacco Produ













Home > Medical Devices > Medical Device Safety > Safety Communications

Safety Communications 2017 Safety Communications 2016 Safety Communications

Firmware Update to Address Cybersecurity **Vulnerabilities Identified in Abbott's (formerly St.** Jude Medical's) Implantable Cardiac **Pacemakers: FDA Safety Communication**

f SHARE **TWEET** in LINKEDIN

Date Issued

August 29, 2017

Audience

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ts	Vaccines, Blood & Biologics	Animal & Veterinary	Cosmetics	Tobacco Produ

🧑 PIN IT 🔤 EMAIL 🖨 PRINT

 Patients with a radio frequency (RF)-enabled St. Jude Medical implantable pacemaker Caregivers of patients with an RF-enabled St. Jude Medical implantable cardiac pacemaker



THE BENEFIT OUTWEIGHS THE RISK





marie.moe@sintef.no @MarieGMoe

Technology for a better society